

SUSSEX GIVING

DONOR REPORT WINTER 2016

Lisbet Rausing End-of-Life Fund

In 2015-16, the Lisbet Rausing End-Of-Life Care Fund gave out £45,250 in grants to 10 cancer and life-limiting related charities. 12 were Sussex-based hospices and four were charities providing other support to people and families including diagnostic support and counselling.

“Support from the Lisbet Rausing Fund helps us to provide essential care and support to our patients and we are most grateful for their continued support of our work.” Maria Gouet, Sara Lee Trust

Chestnut Tree House

There are over 50 families in East Sussex being supported by Chestnut Tree House. The group received £4,550 from the Lisbet Rausing Fund in 2015 to help pay for their community nursing team. Families look forward to visits from the nursing team, not just for the care they provide but also for the practical help and advice and the friendly face when things get tough.

One example of a family who receive regular community visits is Ellie's family. Ellie is four, has cerebral palsy and epilepsy, is registered blind and is unable to eat solid food. She needs a lot more care than most other four-year-olds. Mum Jackie, dad Ray and brothers, Matthew and Liam, have been cared for by the hospice for many years. Sadly, Liam passed away at Chestnut Tree House in 2007.

As well as regular visits to the hospice, the family also receive visits from Chestnut Tree's community nurses at their Eastbourne home. “The nurses spend a few hours at home with the children so that we can enjoy some time as a couple,” says Jackie. “They also take the kids out, to the zoo or farm maybe, which is something that they both love to do.”

Beyond this the family have received all sorts of additional support from Chestnut Tree House. Ellie's epilepsy has proved hard to control and she can spend up to a quarter of the year in hospital. This splits the family up because, due to Ellie's complex needs, one parent has to be at the hospital with her the entire time.

Ellie's community nurse visits her in the hospital, giving Jackie and Ray the opportunity to get out of the hospital for a few hours knowing that Ellie is being cared for.



“National studies show that two thirds of people would prefer to die at home whereas, in reality, around 50% of deaths occur in hospital. Last year, across all our services, we supported 84% of patients to achieve their preferred place of death.” Andy Perry, St Catherine’s Hospice

The Lisbet Rausing End-Of-Life Care Fund gave the following grants in 2015-16:

CancerWise	£2,245	CancerWise is an independent cancer support charity. Your grant went towards the extension of their existing space to enable disabled access and the creation of a new therapy and counselling room.
Chestnut Tree House	£4,550	Chestnut Tree is the only children’s hospice in Sussex and provides specialist care and support to life-limited children and young adults and family members across Sussex. Your grant went towards their running costs, in particular in relation to their family counsellor post.
Cruse Bereavement Care - West Sussex	£5,000	Cruse promotes the well-being of bereaved people and to enable anyone suffering bereavement caused by death to understand their grief and cope with their loss. Your grant contributed towards core cost, volunteer costs, printing, postage and stationery, room hire for clients.
Hospice Services At Home TLC	£4,550	TLC provides free at-home services to people with terminal illness, their carers and family members. Your grant contributed directly to the delivery of the two core programmes in isolated areas of Sussex.
LWDW Training	£5,000	LWDW trains end-of-life doulas, companions to the dying and their families, providing knowledge and skills to help make death as good as it can be and enabling families to better care for someone who is dying. Your grant part-paid for a series of one-day training courses and to pilot a new living will/end-of-life advance planning toolkit.
New Harmonie	£3,505	A major focus of New Harmonie’s work is using live wind music as an intervention in dementia care and palliative care. Your grant paid to take a wind quintet (flute, oboe, clarinet, bassoon, horn) into St Peters and St James Hospice for five music and activity sessions
Sara Lee Trust	£6,750	Sara Lee Trust supports people living with cancer and other life-threatening illnesses in Hastings and Rother by providing specialist counselling and psychological support, creative and complementary therapies, and therapeutic group activities. Your grant helped to fund their community therapy provision for patients unable to attend the charity’s treatment rooms.
Sara Lee Trust	£4,550	Complementary to medical care, the Sara Lee Trust offers time, meaningful touch and support so that each person may live life as fully as possible, even with a life-threatening diagnosis. Your grant was a contribution towards their community therapy provision.
St Catherine’s Hospice	£4,550	St Catherine’s Hospice provides specialist end-of-life care to adults with terminal illnesses from Mid Sussex and East Surrey, together with a complete range of support for their families, before and after bereavement. Your grant paid for community nursing team costs.

Sussex Community Foundation raises funds for and gives grants to smaller charities and community groups across East Sussex, West Sussex and Brighton & Hove. We make it easy for Sussex people to give money to local causes close to their hearts and ensure that those donations reach the people that need them. Our endowment fund enables our donors to benefit Sussex people for generations to come.

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